Cynwyd Heritage Trail

Friends of the Cynwyd Heritage Trail Map & Guide

Trailhead Locations

- **Cynwyd Station Trailhead**
  321 Conshohocken State Road
  Bala Cynwyd, PA 19004

- **Bala Cynwyd Park Trailhead**
  398 Trevor Lane
  Bala Cynwyd, PA 19004

- **Barmouth Trailhead**
  175 East Levering Mill Road
  Bala Cynwyd, PA 19004

- **Rock Hill Trailhead**
  Rock Hill Road & Belmont Ave.
  Bala Cynwyd, PA 19004

Directions

**From Philadelphia to Barmouth Trailhead:**
- Take I-76 W
- Take exit 341 for Montgomery Drive
- Turn left on Montgomery Dr
- Turn right onto Belmont Ave
- Turn right onto E Levering Mill Rd
- Trail and parking area will be on the right

**From Points West to Barmouth Trailhead:**
- Take I-76 E
- Take exit 338 for Belmont Ave
- Turn right onto Belmont Ave
- Turn left onto E Levering Mill Rd
- Trail and parking area will be on the right

Rules & Regulations

- No unauthorized motor vehicles, including, but not limited to: trucks, cars, snowmobiles, ATV’s, motorcycles, segways
- Dogs permitted, but must be kept on leash (no longer than 8 ft.) at all times. All pet waste must be cleaned up and properly disposed of.
- No Horses | No Alcoholic Beverages | No Smoking
The Cynwyd Heritage Trail is a 2 mile-long twin-surface, rail-to-trail project in Bala Cynwyd, PA, a suburb of Philadelphia in Montgomery County. It is one of the largest parks in Lower Merion Township with over 46 acres, plus roughly 300 adjoining open-space acres. The trail transformed a vacant and underutilized space into an inviting, multi-use park in just a few short years. The future expansion of the trail through a refurbishment of the Manayunk bridge will form a vehicle-free connection between Philadelphia and Lower Merion.

www.cynwydtrail.org