



Fifth Annual Trail Trot 5K & Family Fun Walk

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Saturday, April 16, 2016 • 9:00 AM

Start point - Barmouth Trailhead • All Proceeds Benefit The Cynwyd Heritage Trail

• Prizes - 6 categories • Registration fee - \$25

For more information and to register online - www.cynwydtrail.org

Sponsored By The Friends of The Cynwyd Heritage Trail