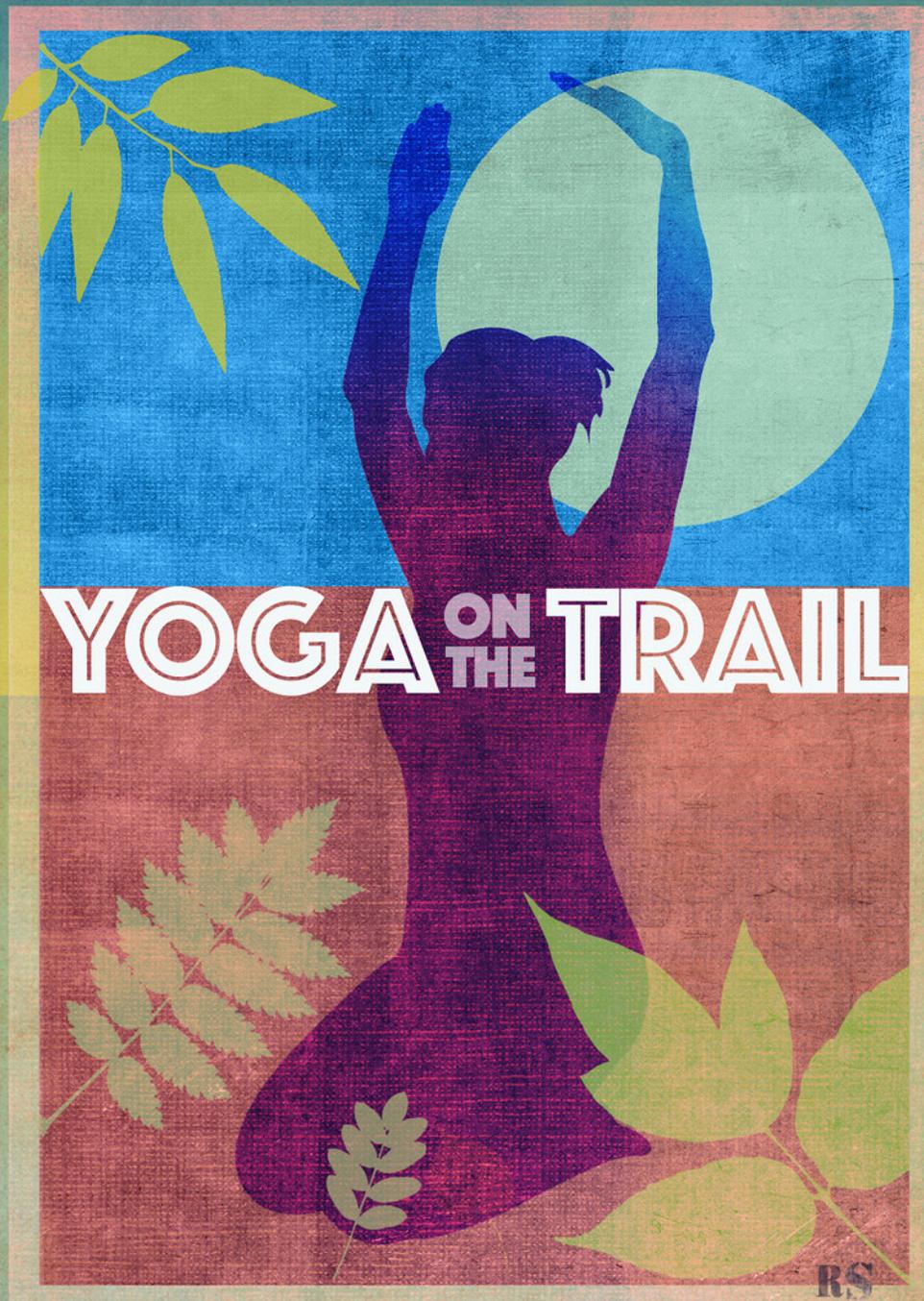


**DANA HOT YOGA & THE FRIENDS OF
THE CYNWYD HERITAGE TRAIL BRING YOU:**



When: 11 AM, 1st & 3rd Sundays of each month from May - August

Where: Cynwyd Park

What: 60 minute yoga class for all levels

Why: For fun, of course!

Please make sure to BYOM (bring your own mat)

Suggested donation to benefit The Cynwyd Heritage Trail- \$5

For more information visit our website: www.cynwydtrail.org